



WEEK

1

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Main Dish

Tomato & Herb Penne Pasta with Garlic Bread, Seasonal Vegetables G;S

OPTION 2

Alternative Dish

Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4

Packed Lunch

Ice Cream Sundae MI; or Fresh Fruit or Jelly

DESSERT

TUESDAY

Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;SD;(S);(SS)

Veggie Hot Dog with Herby Diced Potatoes, Seasonal Vegetables G;CE;(S);(SS)

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Shortbread Biscuit G; or Fresh Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy Roast Potatoes, Seasonal Vegetables, Gravy

Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;

Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad

Flapjack G; or Fresh Fruit or Jelly

THURSDAY

Chicken Curry with Rice and Naan Bread, Seasonal Vegetables CE;G;

BBQ Quorn Taco with Rice, Seasonal Vegetables E;

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Vanilla Crunch G;E; or Fresh Fruit or Jelly

FRIDAY

Battered Fish & Chips with Beans or Peas G;F;

Vegetable Goujons & Chips with Beans or Peas

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cupcake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.



SPRING/SUMMER 23/24

22nd April, 13th May, 10th June
1st July, 2nd September,
23rd September, 14th October



WEEK 2

Allergen key:

May Contain in ()

Peanuts (P)	Nuts (N)	Crustaceans (Shellfish) (CR)	Molluscs (Shellfish) (MO)	Fish (F)	Eggs (E)	Milk (MI)	Cereals containing Gluten (G)	Soya (S)	Sesame seeds (SS)	Celery (CE)	Mustard (MU)	Lupin (L)	Sulphur Dioxide (SD)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1 Main Dish	Vegetable Pasta Bolognese, Seasonal Vegetables G;	Breaded Chicken Steak, Herby Diced Potatoes, Salad G;	Roast Pork, Crispy Roast Potatoes, Seasonal Vegetables, Gravy	Sweet & Sour Chicken with Rice, Seasonal Vegetables CE;	Fish Fingers & Chips with Baked Beans or Peas G;F;
OPTION 2 Alternative Dish	Margherita Pizza, Potato Wedges, Seasonal Vegetables G;MI;S;(E)	Sothern Style Quorn, Herby Diced Potatoes, Salad G;E;MI	Roast Quorn, Crispy Roast Potatoes, Seasonal Vegetables, Gravy G;	Vegetable Chow Mein, Seasonal Vegetables G;E;S;SD;	Vegetable Spring Roll & Chips with Baked Beans or Peas G;S;SS
OPTION 3 Baked Potato	Baked Potato with Grated Cheese MI; or Baked Beans & Salad	Baked Potato with Grated Cheese MI; or Baked Beans & Salad	Baked Potato with Grated Cheese MI; or Baked Beans or Tuna Mayo E;F & Salad	Baked Potato with Grated Cheese MI; or Baked Beans & Salad	Baked Potato with Grated Cheese MI; or Baked Beans & Salad
OPTION 4 Packed Lunch					
DESSERT	Iced Sponge G;E; or Fresh Fruit or Jelly	Ice Cream Sundae MI; or Fresh Fruit or Jelly	Jelly & Ice cream MI; or Fresh Fruit	Shortbread Biscuit G; or Fresh Fruit or Jelly	Lemon Drizzle Cake G;E; or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday: Salad Options Available Daily.





WEEK **3**

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Main Dish

Macaroni Cheese,
Seasonal Vegetables
G;MI;

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with
Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Ice Cream Sundae MI;

DESSERT

TUESDAY

Breakfast Brunch G;SD;E;

Vegan Breakfast Brunch
G;CE

Baked Potato with
Grated
Cheese MI; or Baked
Beans
& Salad

Chocolate Nest G; or
Fresh Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Baked Potato with
Grated
Cheese MI; or Baked
Beans or
Tuna Mayo E;F & Salad

Chocolate Cookie G; or
Fresh Fruit or Jelly

THURSDAY

BBQ Chicken Wrap with
Rice, Seasonal
Vegetables G;

Vegetable Curry with
Rice, Seasonal
Vegetables CE;

Baked Potato with
Grated
Cheese MI; or Baked
Beans
& Salad

Fruit Muffin G;E; or Fresh
Fruit or Jelly

FRIDAY

Chicken Dippers &
Chips, Beans or Peas
G;CE;

Quorn Dippers & Chips
Beans or Peas G;

Baked Potato with
Grated
Cheese MI; or Baked
Beans
& Salad

Chocolate Crunch G;E;
or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.