

Our school Designated Safeguarding Leads are:

# Mrs Petchey, Mrs Stolworthy, Mrs Eaglen, Miss Alderton, Mrs Derer and Mrs Burman

Please speak to one of these members of staff if you are worried or concerned about the safety of a child.



If you have a safeguarding concern about a child out of school hours, the number to ring is:

CADS - Children's Advice and Duty Service - 0344 800 8020

Mrs Derer our school Parent Support Advisor and

Mrs Burman and Miss Alderton our school Pastoral Leads and ELSA trained staff are on our school playground every morning from 8:45am. Mrs Derer our school Parent Support Advisor is on our playground every Monday, Thursday and Friday morning from 8:45am.

Mrs Burman, Miss Alderton and Mrs Derer are always happy to talk to you about any worries or concerns relating to your child at home or any further support we may be able to offer or signpost you to.

### **ONLINE SAFETY**



# 10 Top Tips for Parents and Educators

# FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie.

This guide addresses potential challenges — like the pressure to win — and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

### 1 LEAD BY EXAMPLE

Parents, corers and teachers should try to exemptify fair play, demonstrating respect for apparents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful preadent for them to lot ow in their even actions on and off the faid.

## 2 EFFORT OVER OUTCOME

Encourage children to locus on giving it their all, rather than basing their entire performance on whether they win or not. This loctors a growth mindset, where the journey and the process of improvement are valued just as much as the end result, it also reduces the pressure to "win at all costs", which can be a harmful outlook in

### 3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and other sporting everse. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

### 4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in schleeling success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong feature on cooperation leaters comparederle and mutual support.

# DISCUSS ACCEPTING

Help challen to understand and may sort sin every context. I that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defect gracefully and learn born their mistakes promotes resilience, humility and the ability to bounce back stronger from setbooks. Taking a loss in one's stride is also an admirable trak and can help children and young people garner respect in their future life.

### Meet Our Expert

Coroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionabely believes in the impact that PE, sport, and activity can have an children.

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### 6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children fee welcome and values, regardless of their still level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

## 7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both an and off the Seid. Providing them with strategies for effective communication and problem solving helps build stronger relationships and enhances their ability to novigate challenges, which can be a huge been to them throughout their adult lives.

### **8 TEACH RESPECT**

Emphasias to children the importance of respecting everyone irrelated in the game, regardless of the outcome, kespect for your teammates, opponents, coaches and officials hops to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

# 9 GIVE CONSTRUCTIVE FEEDBACK

Offer feedback that focuses on areas for impresement retter than unfiltered oriticism. Fraise what a child has done well and advise on low to improve, rather than simply pointing out shortcomings. Encouraging a growth mindset and highlighting progress helps children to sevelop confidence, realizance and a desire to continue straining for confidence.

### CELEBRATE GOOD SPORTSMANSHIP

Try to asked solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and comproderie within the sports community that does wonders for marale.



The National College

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